



Cadans

Balfolk Festival

OCTOBER 2016

DAILY

22 OCTOBER

THE CIRCUS TENT

- 16.00 Peut-être Jeanne
- 17.45 Ingunn Bjørgo Trio
- 19.30 Clica Dròna
- 21.15 Beat Bouet Trio
- 23.00 Tukki Bukki
- 01.15 Duo Abbas/Thézé
- 02.30 End

FELDENKREIS WORKSHOP ON SUNDAY

On Sunday there will be a Feldenkreis workshop given by Ariana Rümke. Feldenkreis is about awareness of the body through movement. You will be guided into precisely structured movement explorations that involve thinking, sensing, moving, and imagining. Many are based on development movements and ordinary functional activities. Some are based on more abstract explorations of joint, muscle, and postural relationships. Join the lesson to feel how Feldenkreis can benefit your dancing!

when /where



MIRROR STAGE

- 16.00 Session?
- 17.15 Silent disco/
Arjen
- 18.30 Duo Rodrigues
Franceschini
- 19.45 Grove Maling
- 21.00 Wim te Groen
- 22.00 Unknown Duo
- 22.45 Eternal Mazurka
- 00.00 Everything can happen...

CLOUD GARDEN

The clouds outside are grey and whet, but we have a nice and comfortable 'cloud garden inside next to the library in front of the OGtent. Time for a nap after all the dancing? Take off your shoes and find a comfortable place in the clouds!

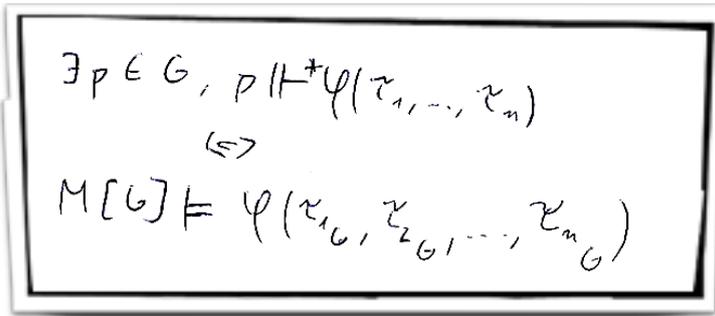


The blind date was a big succes yesterday! Do you know who you danced with? These guys seem to have had a great blind date...



CAPUZZLE

Julien: 'Mathematics is like dancing, but with numbers instead of steps'



WHISHTREE

Cadansa is already everything we wished for, but maybe you have other wishes. Put them in the wish tree at the Mirror Stage and take someone else's wish to make it come true!

GOTCHA

Are you Gotcha'd already? Facebook turns out to be great for Gotcha... Maybe someone is able to defeat Rafael and Koen?!

CARPOOLING

At the info 'window' next to the head quarters you will find lists to offer or ask carpool rides. Do you have some space in your car? Have a look at the list and maybe you can take someone with you!



CLEANING TEAM

Above is a photo of the cleaning team of Cadansa. They do an incredible job by keeping everything clean. We want to give an extra thanks to these volunteers. We can all make their job a little easier for them by cleaning up our own stuff. Let's keep it tidy by putting your trash in the bin and keeping your stuff with you (we have a lot of lost and found stuff)



RUMOURS

Rafaël: 'you are all freaks!'

Portugese guy in the cloakroom: 'Grab my naked body'

Arne went in the elevator of the hotel without a shirt on, and got some strange looks.. but when he pushed the button for the 14th floor (swimming pool), the people were like 'ohh'!...

The silent disco was really loud! People wanted to have two headphones to listen to both DJ's at the same time!

The Cloud Room/silent room is not that silent because of people snoring!

